

**Date: 22-10-26**

**Circular-QCS/2026/267**

Dear Parents,

Greetings from Queen's Carmel School!

**Subject: Annual Health Assessment of Students**

At Queen's Carmel School, we believe that good health is the foundation of effective learning and holistic development. In our continued endeavour to prioritize the health and well-being of our students, the school is organising the **Annual Health Assessment** in collaboration with our health partner, **Health Set Go**, for the session 2026-27. The assessment aims to promote health awareness and support the early identification of health-related concerns, contributing to the overall well-being of our students.

**Kindly note the schedule below:**

- **Dates:** Friday, 30<sup>th</sup> October 2026- Grades: Playschool to Grade III  
Monday, 2<sup>nd</sup> November 2026- Grades: IV to X
- **Timings:** During School Hours
- **Scope of Assessment:**
  - ENT (Ear, Nose & Throat)
  - Dental
  - General Physical Health
  - Eye Examination

**Key Points to Note:**

- Parents are kindly requested to ensure their ward's presence on the scheduled days.
- All parents are requested to download the **HealthSetGo App** on their smartphones and login to access their child's health assessment. Parents are advised to check the app regularly for health updates and post-assessment recommendations.
- The assessment reports will be securely shared on your **registered email ID** within 48 hours of completion.
- Upon completion of the assessment, you will receive an email with a **unique activation code** to access your child's personalized health report securely through the HealthSetGo App.
- An online emotional wellness assessment will be included for students of **Grades VI–XII**, as applicable under the program.
- As part of the HealthSetGo program, accidental insurance coverage will be provided to students designated by the school
- All health records will be maintained with strict confidentiality.

Your support and partnership are invaluable in our collective commitment to the holistic development of every child.

**Warm Regards**



**Sandhya Kumaria**  
HOS